

> VISION + LEARNING NEWS



DO YOU HAVE PERSISTENT HEADACHES YOU'VE LEARNED TO LIVE WITH?

Most people use pain killers for headaches and once the pain is gone, they forget about it. But, what if a special pair of glasses could eliminate that pain from ever occurring? Yes, you read that right. Many headaches are caused by a

variety of different types of vision disorders which aren't typically caught in a regular eye exam - but, rest assured - our doctors know what to look for and can help! Eye strain can trigger a headache and even a migraine.

Uncorrected vision disorders can also cause headaches.

If you struggle with daily headaches, dizziness, difficulty or anxiety driving, or pain in neck and shoulders schedule an appointment today with one of our doctors.



> WE BELIEVE IN KIDS

school supply drive



Help local elementary schools in need. Drop off your school supply donations at our clinic through August and get a **\$25 gift card** along with free popsicles for the kids.

SUPPLIES NEEDED:

- EXPO MARKERS
- HIGHLIGHTERS
- TISSUES
- CLOROX WIPES
- NO. 2 PENCILS
- COLORED PENCILS
- FOLDERS
- SPIRAL NOTEBOOKS
- BLUNT-TIP SCISSORS
- ERASERS
- GLUE STICKS
- EARBUDS/HEADPHONES

\$25 gift card good for any frame in our Optical Boutique. One per patient. Expires 9/30/2023.

A NEW ALTERNATIVE TO BIFOCALS OR READING GLASSES



We're happy to announce we now carry the latest in multifocal contact lens technology from Bausch+Lomb. INFUSE® contacts are made from a next-gen material infused with ProBalance Technology™ to help the lens maintain 96% of its moisture for a full 16 hours. That means you can put your contacts in when you get up and wear them comfortably all day long without trying to figure out where you put your reading glasses.



VISIONS

EYE CARE + THERAPY CENTER

6201 S. Minnesota Avenue
Sioux Falls, South Dakota 57108

WHEN IS THE LAST TIME YOU BACKED-UP YOUR GLASSES?

Typically, we don't think twice about backing up all the vital information on our computer, but most people don't think about having a back-up for their glasses? Yet, it is vital if you can't drive or function in life without your current prescription.

While most people who choose to wear contact lenses hate wearing their glasses, it is important that you ensure you also have a back-up pair of glasses.

If you have an eye infection or intense allergies that make your eyes red and itchy, you may need to go without your lenses for a day, so please make sure you like your back-up glasses.

DR. CHRISTIAN DEJONGH



Every patient is unique. And so is the specialized care delivered to each of them by Dr. DeJongh.

Dr. DeJongh believes in getting to know his patients in order to build a relationship based on respect, trust, and understanding. When you have as many

outside interests and hobbies as he does, it's pretty easy to make connections.

When he's not caring for patients, Dr. DeJongh is a master of dad jokes and a talented musician that performs with several area groups. In addition to his optometric education, he studied music at Augustana University and Boston's Berklee College of Music. An accomplished drummer, he's been teaching lessons for over a decade. Yet he still finds a way to spend time with his family, his girlfriend Maddy (who happens to be a dentist!), and his cat, Rho.

EDUCATION

- Augustana University
- Pacific University College of Optometry

SPECIALTIES

- Ocular Disease
- Dry Eye Disease
- Family Practice

CERTIFICATIONS

- Certified Advanced Procedures

PROFESSIONAL MEMBERSHIPS

- South Dakota Optometric Society
- American Optometry Association
- Kiwanis International